

# Retire Happy

A practical guide to a happy, healthy and meaningful retirement: preparing for the transition, finding new structure and purpose, money matters, health and fitness, relationships and social life, learning, volunteering, travel and leaving a legacy.

## E-BOOK • US LETTER

- Make the most of your new chapter
- Purpose, routine, money, health and fun
- Retirement vision and money check

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This e-book offers general ideas for planning and enjoying retirement. It is not financial, legal, tax or medical advice. Rules for pensions, Social Security, Medicare and taxes are complex and change over time. Consult a qualified financial advisor, the relevant government agencies and your doctor for advice about your own situation.

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