

Getting Ready for Baby

A calm, practical guide for expecting parents: what you really need, budget, preparing your home, the hospital bag, the first weeks and taking care of yourselves.

E-BOOK • US LETTER

- What you really need (and what you don't)
- Hospital bag and first-weeks checklists
- Budget, feeding and sleep logs

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This e-book offers general practical information for expecting parents. It is not medical advice. Always follow the guidance of your doctor, midwife and pediatrician, and contact them with any questions about your health or your baby's health. In an emergency, call your local emergency number.

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