

Caring for an Aging Parent

A practical, compassionate guide for adult children: talking about care, organizing health and paperwork, home safety, care options, sharing the load and looking after yourself.

E-BOOK • US LETTER

- From first signs to full-time care
- Health, medication and paperwork organized
- Care schedules, contact lists and checklists

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This e-book offers general information and practical ideas for family caregivers. It is not medical, legal or financial advice. Rules for care services, benefits, insurance, powers of attorney and advance directives differ by country and state. Always consult doctors, local agencies and qualified professionals about your situation.

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