

The 30-Day Money Reset

A friendly, day-by-day plan to see where your money goes, build a budget that fits your life and start saving without feeling deprived.

E-BOOK • US LETTER

- 30 small daily money tasks
- A simple budget that actually fits
- Debt, savings and spending worksheets

The 30-Day Money Reset

A friendly, day-by-day plan to see where your money goes, build a budget that fits your life and start saving without feeling deprived.

© 2026 Digital Store XXL. All rights reserved. This e-book is for personal use only. Do not share, resell or redistribute it, in whole or in part.

This e-book offers general money-management ideas for everyday households. It is not personal financial, tax, legal or investment advice. For decisions about debt, taxes or investments, talk to a qualified professional.

Contents

Before you start 4

Week 1: See clearly 6

Week 2: Make a plan 9

Week 3: Get ahead 12

Week 4: Make it stick 14

Money and the people around you 17

Common questions 19

Worksheets 20

A final word 26