

30-Day Declutter Challenge

One small area a day for a calmer home

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Undated · Digital Store XXL · 2026

- 01** Spend 15 minutes a day
- 02** Keep, donate, sell or toss
- 03** Keep it tidy with simple habits

Start any day of the month.

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Click any item to jump there.

How to use	30-day challenge: days 1–15	30-day challenge: days 16–30	The 30 areas
The 30 areas (continued)	Kitchen	Living room	Bedroom
Bathroom	Kids' rooms	Office & paperwork	Garage & storage
Digital declutter	Donate & sell tracker 1	Donate & sell tracker 2	Before & after
Keep-it-tidy habits			

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30-day challenge: days 1-15

Day	Area	Bags out	Notes	Done
1				☐
2				☐
3				☐
4				☐
5				☐
6				☐
7				☐
8				☐
9				☐
10				☐
11				☐
12				☐
13				☐
14				☐
15				☐